An interior designer is a person who plans the decoration of the inside of a building. Interior design is the art or practice of planning the decoration for the inside of people's houses. American English: interior designer. Other Expressions. a person whose profession is the planning of the decoration and furnishings of the interior of houses, shops, etc. Brazilian Portuguese: designer de interiores. Chinese: 内部设计. Croatian: dizajner interijera. Czech: bytový architekt. Danish: indretningsarkitekt.